

## Stepping into Montana's Smarter Lunchrooms Webinar Series

Have you heard about Smarter Lunchrooms? Discover how making simple low/no-cost changes to existing school lunchrooms lead students to eat better without even knowing it, while still offering the same options! Learn how Montana schools are using Behavioral Economics (the study of why people make the choices they do) to nudge healthier choices. School food service directors, classroom teachers, administrators, health educators, parents and community members can all play a role in Smarter Lunchrooms.

Learn more through this Stepping into Montana's Smarter Lunchrooms webinar series. These 30 minutes webinars provide 2.5 hours of approved training hours for Professional Development Standards for School Nutrition Program employees. Participate live or view a recording of the webinars at your convenience. Recorded webinars posted here:

<http://healthinfo.montana.edu/health-wellness/rhi-webinars.html>

### Webinar Dates and Details:

**October 6, 2015 from 2:00 - 2:30 pm**

**Title: Montana's Smarter Lunchroom: Helping students eat better, choose healthier and waste less--it really works!**

**Content:** Smarter Lunchrooms Basics. Learn how Smarter Lunchroom design leads to healthier choices and happy customers in Montana schools.

**Speaker:** Montana Team Nutrition- Molly Stenberg

**Register here:** <https://attendee.gotowebinar.com/register/3429360643511912450>

**November 3, 2015 from 4:00 - 4:30 pm**

**Title: Discover the HealthierUS School Challenge: Smarter Lunchrooms Award**

**Content:** Does your school prioritize healthy eating and physical activity? Would you like your school to become healthier? Then this national healthy school award program is for you! Learn how to apply and gain tips for successful applications in this webinar.

**Speaker:** Montana Team Nutrition- Molly Stenberg

**Register here:** <https://attendee.gotowebinar.com/register/4767943482563120642>

**November 10, 2015 from 2:00 - 2:30 pm**

**Title: Montana's Smarter Lunchrooms-Tips for a Fast, Friendly, and Satisfying Service Line**

**Content:** Make your school cafeteria the #1 place to go for lunch. A fast, friendly, and satisfying service line draws students in and keeps them coming back. Learn how to enhance customer choice while decreasing wait time through positive prompting by staff, correct use of Offer vs. Serve, and service line design.

**Speaker:** Montana Team Nutrition- Katie Bark or Molly Stenberg

**Register here:** <https://attendee.gotowebinar.com/register/2721149810900009986>

**February 2, 2016 from 2:00 - 2:30 pm**

**Title: Simple Signage in Smarter Lunchrooms- an Eye-Opening Strategy for Increasing Participation and Nudging Student Choices**

**Content:** Don't be intimidated by using simple signage (posters, art work, place cards, etc. along the serving line) to boost sales of healthy items and increase participation. Time-saving ideas and potential partners to help a busy food service director create signage will be shared. Make your school meals program visible to students and staff. Signage works!

**Speaker:** Montana Team Nutrition- Katie Bark or Molly Stenberg

**Register here:** <https://attendee.gotowebinar.com/register/2520050233691437314>

**March 22, 2016 from 2:00 - 2:30 pm**

**Title: Montana's Smarter Lunchrooms- Customer Service Best Practices**

**Content:** Customer satisfaction is essential for thriving, successful school meal programs. Go directly to the source for ideas and feedback. Start a Smarter Lunchrooms Team (consisting of several students, the school food service director, teachers and others) at your school to glean loads of useful information! Measure how "smart" your lunchroom is, identify simple changes to make it smarter, and work with the Smarter Lunchrooms Team to carry out those changes.

**Speaker:** Montana Team Nutrition- Katie Bark or Molly Stenberg

[Register here](#)

For more information and/or questions, please contact Montana Team Nutrition.

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